Northland Bioneers Conference October 20 – 22, 2006 Minneapolis Community & Technical College





www.nbconference.org

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Northland Bioneers Conference

October 20 – 22, 2006 Minneapolis Community & Technical College

Everything's Connected

2006 Northland Bioneers Conference Dedication

The 2006 Northland Bioneers Conference is dedicated to the courageous people of the Gulf Coast Region, whose lives have been so tragically impacted by the hurricanes of 2005, and to the many good people who have opened their homes and pocketbooks and who have traveled to New Orleans and other cities to be of assistance to their neighbors in this crisis.

We who are gathered at this seminal conference live in the Upper Mississippi watershed. As such, we are joined by the River's flow to our sisters and brothers of the Delta. To those who are rebuilding their lives and the vital coastal environs of the Gulf region, we pledge to work to abate the upstream farm runoff and city-generated pollution which clouds the beautiful waterway that links us together. Let us educate ourselves and advocate with others for greater resources to be spent towards recovery and restoration of our Southern coast — its barrier islands and multitudinous waters and the unique diverse human culture that thrives there.

This conference features a live satellite downlink of the Bioneers Conference in San Rafael, CA.

Visit the Bioneers website at *www.bioneers.org* for more information about the Bioneers Conference and our partnership.

About Northland Sustainable Solutions

Northland Sustainable Solutions is a non-profit organization founded to inspire people to follow Nature's lead in developing positive solutions and innovative strategies to the most pressing environmental and social issues of aur day. We bring people together in interactive conferences and workshops connecting the environment, health, social justice, and spirit within a broad holistic framework. The annual Northland Bioneers Conference is our main event each year.

www.nbconference.org

Northland Bioneers Conference: Schedule of Events

Friday, October 20, 2006

7:30 am	Registration Opens (skyway), Reflection Room Opens (T2150)
8:30 – 9 am	Welcome and Opening Ceremony, Ann Bancroft, Emcee (main floor)
9 – 10 am	Local Keynote Speaker, David Wallinga, M.D, MPA (main floor)
10 – 12 pm	18 On-Site Interactive Workshops (5th floor)
10 am	Exhibit Area (<i>main floor</i>), Family Room (5210), and World Café Open (<i>Hennepin room</i>)
ll – I pm	Lunch Service (skyway dining)
I – 5 pm	National Plenary Presentations (main floor)
2 pm	World Café Closes
6 pm	Exhibit Area, Family Room, and Reflection Room Close
5 – 7 pm	Dinner/Social/Networking/Talk Back (skyway dining)
7 – 8 pm	Local Keynote Speaker, J. Drake Hamilton (skyway dining)
8 – 10 pm	Musical Entertainment (main floor)

Saturday, October 21, 2006

7:30 am	Personal Care Workshops (2nd floor)
7:30 am	Registration Opens (skyway), Reflection Room Opens (2150)
8:30 – 9 am	Opening Ceremony, Ann Bancroft, Emcee (main floor)
9 – 10 am	Local Keynote Speaker, Ronnie Cummins (main floor)
10 am	Exhibit Area (<i>main floor</i>), Family Room (5210), and World Café (<i>Hennepin Room</i>) Open
10 am – 12 pm	18 On-Site Interactive Workshops (5th floor)
II – I pm	Lunch Service (skyway dining)
2 pm	World Café Closes
I – 5 pm	National Plenary Presentations (main floor)
6 pm	Exhibit Area, Family Room, and Reflection Room Close
5 – 7 pm	Dinner/Networking (skyway dining)
7 – 10 pm	Film Festival & Community Dialog (main floor)
7 – 10 pm	World Beat Dance & Social (skyway dining)

Sunday, October 22, 2006

7:30 am	Personal Care Workshops (2nd floor)
7:30 am	Registration Opens (skyway), Reflection Room Opens (2150)
8:30 – 9 am	Opening Ceremony, Ann Bancroft and Paul Steinhauser, Emcees (skyway dining)
9 – II am	Brunch Service (skyway dining)
9 am	Exhibit Area (main floor) and Family Room (5210) Open
	Open Community Dialog (skyway dining)
11 – 11:30 am	Local Keynote Speaker, Constance Grauds, R.Ph.,
11:30 – 12 pm	Local Keynote Speaker, Horst M. Rechelbacher
l2 – 4 pm	National Plenary Presentations
4 pm	Family Room and Reflection Room Close
4 – 5 pm	Closing Ceremony
5 pm	Exhibit Area Closes

Friday, October 20

10:00 - 11:30 a.m.

The Power of Stories and Vision Stories Artfully Applying Ecological Sciences, Ethics and Principles to Culture Transformation

10:00 - 10:55 a.m.

Social Marketing: The Art and Science of Behavior Change Introduction to Sustainability and the Natural Step Framework St. Paul Environmental Roundtable 4 Houses: In search of Truly Sustainable Design Let Marnita's Magic Motion Mix Move You Into Your Vision Making Healthy, Fresh and Sustainable Food Choices The Basics of Biomimicry Music, Peace and Women Waterkeepers

11:05 - 12:00 noon

Power for the Prairie: Renewal Energy Development at UMM Duluth Stormwater Garden Project Ecological Restoration and Youth EcoBucks: A New Currency for Sustainability Renewing the Countryside The St. Paul Environmental-Economic Partnership Project Sustaining the Vision

Saturday, October 21

10:00 – 11:30 a.m. Bottled Water as a Form of Water Privatization Human Leadership is not Enough

10:00 – 10:55 a.m.

So You Want to Change the World Introduction to Home-Sized Renewable Energy Systems Sundays Energy (Biodiesel) Taking a Negative and Turning it Into a Positive How to Achieve World Peace and Stop the Population Explosion, All Without Leaving Your Home Congregations Caring for Creation Birthquakes to Breakthroughs: Women – Honor Yourself, Change Our World! Invigorate the Common Well

11:05 - 12:00 noon

Wisdom of Outside Inside Quantum Capacities Why Population Stabilization is Key Food, Water and Solar Energy What You Can Say Yes to when you Say No to War! Post Petroleum Transformation The STOGROW Farm Story Making the World Round Again

Friday, October 20, 2006

Welcome and Opening Ceremony, main floor 8:30 am - 9 am

Emcee, Ann Bancroft, *World renowned polar explorer* Accompanied by Barbara McAfee, *Music for Life*



ANN BANCROFT is one of the world's preeminent polar explorers and an internationally recognized leader. Through her various roles as explorer, educator, and sought-after speaker, she is dedicated to sharing the powerful stories of her expeditions with people worldwide to inspire them to pursue their goals and dreams.

www.yourexpedition.com



BARBARA MCAFEE is a talented singer/songwriter and keynote speaker who uses music and words to inspire and connect people. Her musical keynotes have brought heart and sass to events at Best Buy Women's Leadership forum, YMCA national training, and numerous wellness events around the US. She has also lent her music to keynotes by national authors Margaret Wheatley and Peter Block.

www.barbaramcafee.com

DR. IRENE KOVALA, MCTC Interim Sr. Vice President of Academic and Student Affairs

ANNE HUNT, City of St. Paul Deputy Policy Director, Environment

SCOTT BENSON, City of Minneapolis City Council, Ward 11

MAYOR MARY HAMMON-ROLAND Apple Valley Local Keynote Speaker: David Walinga, MD, MPA, main floor 9 am – 10 am

Innovating a Non-Toxic Future: Building a World with Healthier Food and Products for Our Children



DAVID WALLINGA, M.D., MPA is director of the Food and Health program at the Minneapolis-based Institute for Agriculture and Trade Policy (IATP), www.iatp.org/foodandhealth. David's work highlights the public health benefits of making plastics and other commercial products from things we grow, rather than from fossil fuels. Dr. Wallinga works on the public health benefits of growing food sustainably and without antibiotics or arsenic rather than under "conventional," industrial models that tend to rely on intensive use of energy and fossil-fuel derived pesticides and fertilizers.

World Café, Hennepin room

10 am – 2 pm

Lightly facilitated community room where participants bring questions and reflections. Through listening and expression participants record actionable ideas.

Led by Cheryl Kartes, Institute of Cultural Affairs – Technology of Participation ®



CHERYL KARTES brings an aesthetic concern for nurturing creativity and the human spirit to the MN ToP team. Her local and national work in arts and nonprofit administration has provided her with over 20 years of experience in organizational and community leadership roles. Cheryl is a mediator, a coach, a mentor ToP trainer, and served as cochair for the International Association of Facilitators (IAF) 2001 conference held in the Twin Cities.

On-Site Interactive Workshops, 5th floor

10 am – 11:30 am

T5410 - GEORGE JOHNSON

The Power of Stories and Vision Stories

In this highly interactive presentation you will have a chance to be a story teller and to realize the potential for positive change by creating a story on how you will impact the future.

T5120 - GUY TROMBLEY & PAULA WESTMORELAND

Artfully Applying Ecological Sciences, Ethics & Principles to Culture Transformation Discover the art of implementing science in the human and natural landscape to create culture that restores the environment and builds community.

10 am – 10:55 am

T5140 - DANIE WATSON

Social Marketing: The Art and Science of Behavior Change

Apply marketing principles to create voluntary behavior change to improve health, prevent violence, build community, influence policymakers or increase green stewardship.

T5600 - TERRY GIPS

Introduction to Sustainability and the Natural Step Framework

Can we align ourselves with the Earth, save money, and create vibrant communities? Explore how with this inspiring Swedish approach brought here by Paul Hawken.

T5110 - SUSAN HUBBARD

St. Paul Environmental Roundtable

Learn about a citizen participation process that helped to set Saint Paul's policy on: zero waste, food systems, cleaner energy, green building, open space and water stewardship.

T5800 - JOHN DWYER, KURT GOUGH, AND JACKIE MILLEA

4 Houses: In Search of Truly Sustainable Design

Shelter Architecture will present their unique approach to sustainability via four sustainable home designs that are helping the United States Green Building Council set a new standard for sustainable residential design.

T5700 - MARNITA SCHROEDL

Let Marnita's Magic Motion Mix Move You Into Your Vision

So you're ready to step fully into your vision and live in the community of your dreams. This powerful session puts you fully in motion.

T5920 - SANDY OLSON LOY

Making Healthy, Fresh and Sustainable Food Choices

BUY FRESH – BUY LOCAL: You'll build community, save fossil fuels, invest in our sustainable farmers and eat great healthy food grown by people you know.

T5430 - CURT MCNAMARA & WENDY JEDLICKA

The Basics of Biomimicry

This experiential workshop gives you a thorough grounding in the principles, plus time to apply the principles to your life, work, or designs.

T5130 - GEMMA BULOS

Music, Peace and Women Waterkeepers

Water. Music. Women. Honoring and merging these powerful forces can provide nourishment, healing and compassion and lead us on a path towards a peaceful and sustainable future.

11:05 am - 12:00 pm

T5130 - TROY GOODNOUGH

Power for the Prairie: Renewable Energy Development at UMM

The University of Minnesota, Morris generates a significant portion of its energy with a large wind turbine and plans to heat and cool the campus with biomass gasification.

T5700 - JILL JACOBY

Duluth Stormwater Garden Project

Sweetwater Alliance is a nonprofit organization working to create a Stormwater Garden on Duluth's Bayfront. The project fuses ecological restoration, art, water cleansing and environmental education.

T5110 - CATHY GEIST, WILEY BUCK, AND STUDENTS

Ecological Restoration and Youth

College students, in partnership with Great River Greening, are teaching urban youth how to help restore a native prairie while building connection with the land and each other.

T5920 - IOEL HODROFF

EcoBucks: A New Currency for Sustainability

Imagine customer loyalty rewards for recycling and carpooling; not for consumer spending. Come learn about EcoBucks, a business-community partnership to promote rapid sustainable economic development.

T5140 - CHRISTY JAMES

Renewing the Countryside

Learn about Green Routes and sustainable tourism opportunities in Minnesota that support healthy rural communities, local food systems, and green business practices.

T5600 - RICK PERSON

The St. Paul Environmental-Economic Partnership Project

Learn about the City of Saint Paul's sustainability plan and implementation schedule.

T5430 - LAURIE J. BROWN

Sustaining the Vision

I loin Laurie Brown, entrepreneur and inventor, to learn how to bring business ideas and inventions into the future while sustaining the entrepreneur and the environment.

National Plenary Presentations via satellite, main floor

l pm – 5 pm

PAUL STAMETS

How Mushrooms Can Help Save the World Paul Stamets, leading author in fungal pesticide and bioremediation techniques.

SARAH CROWELL

The Courage to Walk in Beauty: Creating Space for Young People to Find Truth and Power Destiny Arts Center, empowering youth to find their voice through the arts.

MICHAEL POLLAN

Beyond the Bar Code: The Local Food Revolution Michael Pollan, writer on the intersection of food, agriculture, drugs, and architecture.

JAMES HILLMAN

Accentuate the Positive: Reclaiming the Country from the Nation James Hillman, analyst and originator of post-Jungian "archetypal psychology."

LOIS GIBBS

25 Years of an Inspirational Journey: From Love Canal to the Nation Lois Marie Gibbs, legendary figure in the grassroots environmental movement.

Dinner/Community Dialogue/Social, skyway dining 5 pm – 7 pm

What have you learned at the Northland Bioneers Conference? How will you "habithat"? Led by Craig Neal, Vision Holder, Heartland Inc.

Meal tickets are available through registration for \$12 (recommended). Limited meal tickets may be available on site. You are also welcome to bring your own food. Please respect the zero waste policy of the event and use reusable containers only.



CRAIG NEAL has celebrated life as a passionate change leader, publishing executive and organizational executive and guide to those called to authentically show up in life and work. He founded the Conscious Business Alliance, the Minnesota Magazine Publishers Association, and served as a founding board member of Business for Social Responsibility and of Responsible Minnesota Business. He is currently writing The Art of Convening: A Field Guide to Essential Conversations.

www.beartlandcircle.com

Local Keynote Speaker: J. Drake Hamilton, skyway dining 7 pm - 8 pm

Global Warming Solutions: 21st Century Energy Solutions to Grow Our Economy, Make People Healthier, and Fight Global Warming



J. DRAKE HAMILTON is Science Policy Director for Fresh Energy, a private nonprofit organization, where she provides scientific analysis, policy development, and outreach on global warming. Hamilton is the principal author of Playing with Fire: Climate Change in Minnesota.

Musical Entertainment, main floor 8 pm – 10 pm

Dance into your dreams with three motivational pop/rock/jazz musicians. Performances by Gemma Bulos, A Million Voice Choir and Gina Citoli, Earth Mama, and Karen HeaChung Lyu



GEMMA BULOS, Composer/Performer of "We Rise", Architect of the Million Voice Choir Founder, A Single Drop Non-Profit Organization, has worked as a head teacher at the Children's Museum of Manhattan, mentor for at-risk youth in the South Bronx, and international volunteer work. This experience combined with her work as a performer, has helped her cultivate a comprehensive and entertaining approach to raise awareness and inspire action.



GINA CITOLI is an internationally recognized songwriter and singer. Her voice carries healing qualities and she is one of the consciousness raising messengers on our planet at this time. Gina combines her wisdom with music, vocals and humor to convey solutions for the challenges facing humanity."



KAREN HEACHUNG LYU loves to celebrate global music and connection — inspiring hearts, moving feet and opening minds with eclectic global joy and soul, from salsa to jazz and Korean to Hebrew. As vocalist and bandleader of Global Jazz, she soulfully savors songs in many styles and languages including English, Korean, Hebrew, (Brazilian) Portuguese, Spanish, Italian, French, Vietnamese, Arabic and sign language.

www.globaljazz.net

Saturday, October 21, 2006 👘 🌑 🌑 🌑 💮 🛞 🛞 🛞 🦉

Personal Care Workshops, 2nd floor 7:30 am – 8:20 am

T2100 - TERRY GIPS

Introduction to Sustainability and the Natural Step Framework

Can we align ourselves with the Earth, save money, and create vibrant communities? Explore how with this inspiring Swedish approach brought here by Paul Hawken.

T2150 - HIYALA, INDIGA ART

Yoga to Awaken, Focus & Connect

Welcome and Opening Ceremony, main floor 8:30 am - 9 am

Emcee, Ann Bancroft, World renowned polar explorer Accompanied by Barbara McAfee, Music for Life and In the Heart of the Beast Puppet and Mask Theater Puppetry's power lies in the act of transformation of bringing something inanimate to life.



IN THE HEART OF THE BEAST PUPPET AND MASK THEATER, since 1973, has been using water, flour, newspaper, paint, and unlimited imagination to tell stories that explore the struggles and celebrations of human existence. Drawing inspiration from the world's traditions of puppet and mask theatre and its lively roots in transformative ritual and street theatre, HOBT creates vital, poetic theater for all ages and backgrounds.

Local Keynote Speaker: Ronnie Cummins, main floor 9 am – 10 am

Positive Signs That Point to a Second American Revolution; One That Will Unite World Citizens Toward Planetary Health



RONNIE CUMMINS, executive director of the Organic Consumers Association, has spent a lifetime as a professional activist. Since getting his start in anti-war activism in 1967, he has actively supported human rights, anti-nuclear, labor, consumer and sustainable agriculture movements. Cummins is co-author of *Genetically Engineered Food: A Self-Defense Guide for Consumers*.

World Café, Hennepin room 10 am – 2 pm

Lightly facilitated community room where participants bring questions and reflections. Through listening and expression participants record actionable ideas.

On-Site Interactive Workshops, 5th floor

10 am – 11:30 am

T5120 - SHINEY VARGHESE, LISA LEWIDGE, AND DARCY ROE

Bottled Water as a Form of Water Privatization

Bottled water has become a leading beverage choice. Many consider water bottling a form of privatization. Join our taste test. Hear about the industry. Is bottled water better?

T5410 - YOGIRAJ ACHALA (AUTHORS AS CHARLES BATES)

Human Leadership is Not Enough

"Response to the call to steward with nature, as part of nature" is required. We are challenged to expand our consciousness – experiencing nature as real, as conscious.

10 am – 10:55 am

T5700 - HEIDI OHLANDER

So You Want to Change the World!

This entertaining workshop will inspire you to find your unique way to make an impact on the world! This is activism for the 21st Century!

T5100 - TEHRI PARKER

Introduction to Home Sized Renewable Energy Systems

Introduction to renewable energy systems for home use including: solar electric, wind turbines, and solar domestic hot water.

T5800 - KAI CURRY

Sundays Energy (Biodiesel)

Kai Curry, founder of Sundays Energy, will speak about his background, the company's evolution, and future directions regarding renewable energy and other community-building initiatives.

T5920 - ANNIE YOUNG

Taking a Negative and Turning it into a Positive

Examples of how 2 low-income, communities of color used Environmental Justice and direct action campaigns as a community building tool to create a renewed spirit of optimism and hope for their neighborhood.

T5140 - CAT THOMPSON

How to Achieve World Peace and Stop the Population Explosion, All Without Leaving Your Living Room. All conflict can be resolved within. Learn how the art of empathy shows a path to healing global issues.

T5430 - SEAN GOSIEWSKI

Congregations Caring for Creation

Meet and share ideas with volunteers from congregations slowing global warming by educating their members, taking the MN energy challenge and advocating for smart energy policies (*www.c3mn.net*).

T5110 - NANCY STEPHAN

Birthquakes to Breakthroughs: Women – Honor Yourself, Change Our World!

Learn how honoring yourself will make a profound difference. Gain skills to embrace the birthquakes of change and breakthrough to birth new ways of behaving.

T5600 - SANDY SPIELER

Invigorate the Common Well

Experience how the ritualized renovation of a public drinking fountain connects us to issues of Water quality, quantity and "ownership" and inspires gratitude and protection for the Common Well.

11:05 am – 12 pm

T5920 - CHRIS HEETER

Wisdom of Outside Inside

Through native flute, stories, and small group discussions, we'll explore down-to-earth tools for optimism and self sustainability in earth stewardship. One person at a time, we will care for this planet we call home.

T5140 - JANE BARRASH

Quantum Capacities

Findings from the leading edge of physics, brain science and medicine dovetails the timehonored teachings of many cultural traditions to create a promising model of human and planetary potential.

T5700 - DAVID PAXSON

Why Population Stabilization is Key

Humanely stopping population growth is essential to stopping resource destruction. Props and videos help attendees grasp the magnitude of the issue followed by positive actions to take.

T5430 - MARTHA NAEGELI

Food, Water and Solar Energy

Why solar technology is critical in humanitarian emergencies and international development.

T5600 - MEL DUNCAN

What You Can Say Yes to When You Say No to War!

Nonviolent Peaceforce is what you can say yes to when you say no to war! Learn new ways for the world to respond to violent conflicts.

T5110 - BRIAN MERCHANT

Post Petroleum Transformation

Peak oil brings a prescription for a new energy economy: powerdown, relocalize, and support alternatives as sustainability becomes a necessity.

T5100 - DAY BURTNESS, DAN BOREK, HEIDI CAMPBELL, AND ANDREW MOE

The STOGROW Farm Story (for Students)

Gather ideas on promoting institutional sustainability where you live, learn, and work by hearing how students at St. Olaf College started an organic farm.

T5800 - MATTHEW EGAN ROCHTE

Making the World Round Again

While pessimism rules and hope appears scarce, a recent convergence of business, science, and spirituality is creating conscious capitalism and restoring hope to the future.

National Plenary Presentations via satellite, main floor

l pm – 5 pm

TZEPORAH BERMAN

Corporate Campaigns and the New Environmentalism: Places, People and the Fate of our Last Great Forests

Tzeporah Berman transformed buying patterns of major paper and wood consumers.

CLAYTON THOMAS-MÜLLER

Stopping the Energy Colonization of Sacred Native Lands Clayton Thomas-Müller, activist for indigenous self-determination, environmental advocacy.

THOMAS LINZEY

Turning Defense into Offense: Challenging Corporations and Creating Self-Governance

Thomas Linzey, co-founder of the renowned Community Environmental Legal Defense Fund.

CARL ANTHONY

The Earth, the City and the Hidden Narrative of Race

Carl Anthony, renowned leader of the environmental justice movement.

AMY GOODMAN

Static: Government Liars, Media Cheerleaders and the People Who Fight Back

Amy Goodman, producer and host of the acclaimed "Democracy Now" radio program.

Dinner/Community Dialogue/Social, Skyway dining

5 pm – 7 pm

What have you learned at the Northland Bioneers Conference? How will you "habithat"? Led by Craig Neal, Heartland Circle

Meal tickets are available through registration for \$12 (recommended). Limited meal tickets may be available on site. You are also welcome to bring your own food. Please respect the zero waste policy of the event and use reusable containers only.

Film Festival & Community Dialogue, main floor 5 pm – 7 pm

Emcees: Storytellers, Sarah Bell-Haberman and Carol Schuler, The Haberman Agency www.modernstorytellers.com

Commentary following by:

These two films illustrate the food dilemma modern Americans and indigenous populations face. Commentary and community dialogue will be offered following each film.



MINO-BIMADIZIWIN: THE GOOD LIFE, OJIBWE WILD RICE HAR-VESTING IN MINNESOTA (57m) An engaging portrait of a community on the White Earth reservation in Minnesota where the peoples' lives revolve around the annual harvest of wild rice. Many wonderful and intimate moments show the hardships and rewards experienced by those who continue to live off the land.



THE MEATRIX I AND II (10m), In an age characterized by mechanization, there exists a large gap between our illusions about where food comes from and the stark reality of industrial meat and dairy production. Enter The Meatrix films, a series of short animations that explore this disconnect between food production and consumption.

Commentary by: Karen Hudson, Consultant, GRACE Factory Farm Campaign

Wayne Stevens, John Stevens and Deborah Wallwork

World Beat Dance and All Age House Party, Skyway dining 7 pm - 10 pm

Marnita Schroedl, Emcee Cxr: The Megalomaniac





CXR: THE MEGALOMANIAC taught himself how to play the piano and began composing at age 15. He began spinning at 17 in his father's nightclub in North Carolina. In 1998, Cxr founded Quantum Entertainment, Inc. and Sid Records label and began delivering ferocious sets throughout the Minneapolis club and party scene. Currently, the composer/producer/DJ is the resident DJ at Infinity where you can find him spinning Hip-Hop, R&B, and Soul in the Cities' most stylish environment both Friday and Saturday night.

MARNITA SCHROEDL, Founder/Catalyst, is a community activist and writer whose work often involves building cross-cultural connections across ethnic, age, and gender lines. Marnita is a frequently sought after public speaker on such issues as how to engage families of children of color in their children's education and expanding health care access for people of color. Sunday, October 22, 2006



Personal Care Workshops, 2nd floor 7:30 am – 8:15 am

T2150 - AMY LEO BARANKOVICH Walking with Nature

Welcome and Opening Ceremony, Skyway dining 8:30am – 9:00am

Emcee, Ann Bancroft, *World renowned polar explorer* Accompanied by Barbara McAfee, *Music for Life* Co-Emcee, Paul Steinhauser, *White Bear Racquet Club*



PAUL STEINHAUSER "What use are your personal health efforts if you don't have a healthy environment in which to live?" asks Paul Steinhauser of White Bear Racquet & Swim, a 130,000 square foot health and fitness club, opened in 1988. Paul combines his belief in healthy living and a healthy earth by consulting with clubs nationwide on reducing energy, chemicals, and waste from their operations while improving the product provided. Recently he has been participating in community forums on renewable energy, specifically pushing for the Renewable Energy Standard of 20% by 2020 for Minnesota.

Diana Knobel, Katrina Reflections – A Relief Workers Perspective



DIANA KNOBEL just completed her seventh trip to the south establishing relationships and coalitions between Minnesota and the Gulf Coast and has followed many young people's stories on their unique Relief Work experiences. Diana facilitates an *Unconditional Love and Forgiveness* method in private practice and conducts workshops and lectures on transformational change, spiritual healing and servant leadership. Brunch & Community Dialogue, Skyway dining 9 am – 11 am

Meal tickets are available through registration for \$12 (recommended). Limited meal tickets may be available on site. You are also welcome to bring your own food. Please respect the zero waste policy of the event and use reusable containers only.

World Café Report Out by participants

Followed by Kenneth A. Meter, MPA, Coordinator of Public Process for Minneapolis Sustainability Initiative



KENNETH A. METER, MPA, President of Crossroads Resource Center in Minneapolis, holds 35 years experience in community capacity building as a journalist, researcher, educator, and administrator. Meter coordinated public process and indicator development for the City of Minneapolis sustainability plan, and directed a similar process in city neighborhoods. His pioneering "Finding Food in Farm Country," and "Neighborhood Income Statement and Balance Sheet" studies have helped spark local development in locales across the U.S.

Local Keynote Speaker: Constance Grauds, R.PH., main floor 11 am - 11:30 pm

Ecological Medicine: Healing The People and The Planet



CONSTANCE GRAUDS, R.PH., is president of the Association of Natural Medicine Pharmacists; adjunct faculty at the University of Minnesota, Center for Spirituality and Healing; and instructor at Minneapolis Community and Technical College. She is also author of the books, The Energy Prescription and Jungle Medicine...from Medicine to Magic.

Local Keynote Speakers: Horst M. Rechelbacher, main floor 11:30 am – 12 pm

Alivelihood: The Art of Sustainable Success



HORST M. RECHELBACHER is an active environmentalist, innovative business leader, author, artist and founder of the Aveda Corporation, Intelligent Nutrients, and HMR Enterprises. Horst has authored three books: Rejuvenation, Aveda Rituals and Alivelihood. National Plenary Presentations via satellite, main floor 12 pm – 4 pm

RACHEL NAOMI REMEN, M.D.

Becoming a Blessing: Living as if Your Life Makes a Difference Rachel Naomi Remen, MD, early pioneer of the mind/body holistic health movement.

MARIA ELENA DURAZO Building Alliances: Labor, Immigration and the Environment Maria Elena Durazo, prominent Hispanic labor and immigration reform leader.

SPENCER BEEBE

Building Salmon Nation: Rethinking People & Place in the North Pacific Spencer B. Beebe, founding president of EcoTrust, www.ecotrust.org

SOFÍA QUINTERO

Women Telling Our Stories and Promoting Justice Sofía Quintero, writer, activist, educator, & comedian of Puerto Rican-Dominican ancestry.

PAUL HAWKEN

Biology, Resistance and Restoration: Sustainability as an Infinite Game Paul Hawken, transforming thinker on ecology, economics, culture, and politics.

Closing Ceremony, main floor 4:00pm – 5:00pm

Emcee, Ann Bancroft, *World renowned polar explorer* Accompanied by Barbara McAfee, *Music for Life* and Co-Emcee, Paul Steinhauser, *White Bear Raquet Club*

Reverend Lance Eden, *First Street UMC* Katrina Reflections – A Reverend's Perspective



REV. LANCE EDEN at 27 years old is the youngest African American Minister in the United Methodist Louisiana Conference. Rev. Eden's enthusiasm for the rebuilding and renewal of New Orleans has caught national media attention. Rev. Eden recognizes the complexities of African American residents returning to the surrounding community of First Street UMC and works toward creating equal opportunity solutions for all peoples, the environment and the future generations of New Orleanians.

YOGIRAJ ACHALA, MYSTISYSTEMS A Call for Stewardship



YOGIRAJ ACHALA (Charles Bates) Initiated in the Tradition of the Himalayan Sages with the title of Yogiraj by the great Himalayan sage Swami Rama. Author of two books: *Pigs Eat Wolves*, and *Ransoming the Mind*. Yogiraj has 37 years of study directly in the lineage of the *Himalayan Tradition of Sages*, is a past board member of the national organization, *Yoga Alliance*, with 28 years in private practice as an Organizational Development Consultant and is past chairman of the *Gestalt Institute of Cleveland*.

Continuing into his 4th year of developmental leave from his private practice in organizational development consulting and teaching yoga and mysticism theory, concept and methods, he is redeveloping his curriculum for the next phase of his work while deepening his spiritual condition. www.mystisystems.com

Thanks to the 200+ volunteers who dedicated their time to support this event. Your time and experience made it possible to offer this conference to the community. It is truly an event created by and for the community. To thank you for your efforts we offer you healthy raw snacks from: Viva La Raw! - Building raw food awareness in the midwest through community education, rawfood pot lucks, demonstrations with delicious living foods, healthy lifestyle coaching, eco-preneuring opportunities, for a sustainable, beautiful, healthful, here and now!

Family Room, T5210

The Family Room offers a quiet or noisy place for children and parents with some toys, books, art supplies, snacks and room to romp. No child care is available. National plenary speakers will be televised into this room each day for families to enjoy together.

Reflection Room, T2150

The Reflection Room offers participants a quiet space for thinking, meditation, prayer, or silence.

As of October 5, 2006

We'd like to thank the following organizations whose significant contributions have been instrumental in helping Northland Sustainable Solutions launch this event:

In the Heart of the Beast

www.intelligentnutrients.com

Minnesota Satellite & Technology

Northern Sun Merchandizing

Intelligent Nutrients

www.mnsat.mnscu.edu

www.northernsun.com

Utne Magazine

www.utne.com

www.hobt.org

Accredited Investors www.accreditedinvestors.com

Alliance for Sustainability www.afors.org

EarthFusion festival www.earthfusion.org

Eureka Recycling www.eurekarecycling.org

Haberman & Associates www.modernstorytellers.org

Horst Rechelbacher Foundation

Sponsors

As of October 5, 2006

len Almond Marilyn Larson Citizens for Corporate Redesign (C4CR.org) Minnesota Pollution Control Agency Continuum Center Minnesota Renewable Energy Society CR Planning Jacqueline Mosio Carol Curry Organic Valley Family of Farms Flannery Construction Peace Coffee Fresh and Natural Foods Solar Midwest FruitShare Sarah Standefer Galactic Pizza University of Minnesota, Morris Institute of Cultural Affairs - Technology of Participation® Barbara Vaile Linden Hills Co-op Whole Foods

Partners

As of October 5, 2006

Alliance for Sustainability AquaEssence Resource Clean Energy Resource Teams (CERTs) City of Saint Paul Eureka Recycling "Get a Whole Life" Radio Show Heartland Circle Higher Education Consortium for Urban Affairs "Livin' the Green Life" Radio Show Midwest Renewable Energy Association (MREA)

Minneapolis Community and Technical College "The Mix" *a publication of Twin Cities Natural Food Co-ops* National Writers Union - Twin Cities Chapter Organic Consumers Association Park Midway Bank School of Environmental Studies and SES Education Foundation Twin Cities Green Guide V Creative University of Minnesota, Morris Northland Bioneers Conference: Exhibitors

Exhibitors

As of October 5, 2006

Alliance for Sustainability www.afors.org; www.c3mn.net; www.livinggreen.org

Environmental Design and Inspection Services www.createhealthyhomes.com

e-ride Industries www.e-ride.com

Eureka Recycling www.eurekarecycling.org

Growing Communities for Peace www.humanrightsandpeacestore.org

Haberman & Associates www.modernstorytellers.com

Island Park Sustainable Co-Housing www.islandparkmn.com

Minneapolis College of Art and Design http://online.mcad.edu

Minnesota Electric Auto Association http://mn.eaaev.org/

Minnesota Katrina Relief

Minnesota Renewable Energy Society (MRES) www.mnrenewables.org The Alliance for Sustainability supports projects that are ecologically sound, economically viable, socially just and humane. We help coordinate Natural Step Framework training, Congregations Caring for Creation, and green city efforts like Living Green Expo.

Environmental Design and Inspection Services provides healthy home and office evaluations for EMFs, mold, and VOCs. Also providing consultations for healthy new home construction and remodeling. Log onto www.healthyhomes. com for more information.

e-ride Industries manufacturers neighborhood electric vehicles and electric utility vehicles, and offers two models: the exv4 electric transportation vehicle and the exv2 electric utility vehicle.

Eureka Recycling, a nonprofit organization specializing in recycling and waste reduction, manages Saint Paul's recycling program. Our mission is to reduce waste today through innovative resource management and to reach a waste-free tomorrow by demonstrating that waste is preventable not inevitable.

Visit the growing communities for peace booth, and browse the new fall collection of sustainable resources for homes, schools and communities. See 40% sale bin as well.

Haberman & Associates tells the stories of pioneers and values-based organizations committed to making a difference in the world. Our award-winning public relations team supports sustainable, environmentally and socially conscious initiatives.

Island Park: retrofit, green, sustainable co-housing community on the Mississippi River. We long for village life, in the old way. Nature, community and diversity. Rent, or buy for \$150,000. www.islandparkmn.com 763 422 7001

MCAD's Sustainable Design Online courses (credit and non-credit) offer a great way to gain in-depth actionable knowledge to keep you and your organization at the forefront of sustainability.

The Electric Auto Association is a non-profit educational organization dedicated to the promotion of clean, quiet, energy efficient personal electric vehicle transportation.

Grassroots activism at its best! Learn about Gulf Coast rebuilding and renewal from volunteers who've been transformed by their experiences working with survivors of a national disaster of unbelievable magnitude. You can still make a difference!

The non-profit Minnesota Renewable Energy Society is your best source for objective, up-to-date information about renewable energy systems available today. We connect people with renewable energy resources.

Nonviolent Peaceforce www.nonviolentpeaceforce.org	Nonviolent Peaceforce is a global organization that trains people who go to conflict areas at the invitation of local groups. NP's exhibit has Peace Bonds so you can directly support unarmed peacekeepers and reduce violence.
Northland College www.northland.edu	Northland College located in Ashland, Wisconsin, offers a visionary education by incorporating the classic liberal arts with a focus on the natural world.
Sundays Energy www.sundaysenergy.com	Sundays Energy Community Company is the evolution of Twin Cities Biodiesel Cooperative; offering services in biofuels, "green" business development (web development/ design, graphics, P.R. and marketing), renewable energy, and community education.
University of Minnesota, Morris www.morris.umn.edu	The University of Minnesota, Morris, a nationally ranked public liberal arts college, has developed sustainable, environmentally friendly initiatives that touch nearly all aspects of campus life including power, food, water, transportation, waste stream infrastructure, academic study, and quality of life.
F.I.T. Organizations www.FITorganizations.com	We partner with organizations to promote long term success for all stakeholders by creating consensus on their current situation and their vision; then providing the means to succeed.
Friends of Coldwater www.friendsofcoldwater.org	The last natural spring in Hennepin County - 100,000 gallons/ day. We offer water & comment forms (due 10/24) to the National Park Service about the ''disposition'' of Coldwater.
Trade Winds International	Let your spirit express itself with our colorful collection of batiks, natural fibers, jewelry and accessories. Working with women globally, we support fair trade. Sizes petite to plus.

EcoBucks Merchants

As of October 5, 2006

Bryant Lake Bowl	
Café Barbette	
Caldrea	
Ecopolitan	
Edina Bike Shop	
Fast and Furless	
Galactic Pizza	
Green Institute	
Journey Inn - An Eco Retreat	
Midwest Mountaineering	
Nevin Onder Hair Artist/Color Specialist at Design Line Salon	
Wright Touch Therapies	





An earth-honoring conference brought to you by Northland Sustainable Solutions

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